



## KEY CONCEPTS

- Career exploration



## CLASSROOM MATERIALS

- Handout 5.1
- Computer with Internet access for each student

### Non-Computer Option:

- Handout 4.1
- Several copies of the *Occupational Outlook Handbook* (see page 7)



## CAREER COACH WEBSITE LINKS

- Browse Career Profiles

## LEARNING OBJECTIVES

Through the lesson and related assignments, students will:

- Learn about more careers
- Find some basic information about careers that interest them

## LESSON SET-UP

**Note: If students will not have access to computers or the Internet in the classroom and you are unable to find multiple copies of the *Occupational Outlook Handbook*, you may want to bring your class to the school or local library to complete this module.**

For this lesson you will need:

### ACTIVITY 1 COMPUTER OPTION

- Computer with Internet access for each student
- Several copies of **Handout 5.1** for each student

### ACTIVITY 1 NON-COMPUTER OPTION

- Students to take **Handout 4.1** from their portfolios
- Several copies of **Handout 5.1** for each student
- Several copies of the *Occupational Outlook Handbook* (see page 7)

## FYI

For more information on:

- Job-specific knowledge, skills, and transferable skills by career title, see <http://www.online.onetcenter.org/>
- Interests, skills, and occupations, see <http://www.onetcenter.org/>
- New and Emerging Occupations 2004-2014, see <http://www.bls.gov/news.release/ecopro.nr0.htm>

For an online version of the *Occupational Outlook Handbook*, see <http://www.bls.gov/oco/>

## Introduction (5 minutes)

1. Review the last module, which introduced the *Career Coach* website and the Interest Inventory quiz, if you used the computer option; or which introduced students to several career options if you used the non-computer option.
2. **COMPUTER OPTION** - Ask for two or three volunteers to share some of the careers they found when they completed the inventory. Ask the volunteers if they liked what they found. ***If any of the students are not happy with their results***, explain that sometimes the career theme may not interest us until we find the right career within that theme. Also tell students that they may want to take the Interest Inventory quiz on the *Career Coach* website again if they are unhappy with their results.  
**NON-COMPUTER OPTION** - Ask two or three volunteers to share the results of ***Handout 4.1: Finding Careers*** from the last lesson. Ask students if they are happy with the careers they came up with. ***If any of the students are not happy with their results***, explain that sometimes the career theme may not interest us until we find the right career within that theme. Also tell students that they may want to take the Interest Inventory quiz on the *Career Coach* website.
3. Ask if any students visited the *Career Coach* website on their own. Ask two or three of these students to share what they found.
4. Introduce the main point of the lesson. Students will:
  - Learn about more careers
  - Find some basic information about careers that interest them
5. Ask students to write two questions in their notebooks. They will answer these when the class is over.
  - *What interesting careers did I come up with?*
  - *Which of these am I most interested in learning more about right now?*

## Learning More About Careers



Below are two alternatives for **Activity 1: Learning More About Careers**.

Use **Activity 1, Option A** if your students have access to the *Career Coach* website in the classroom.

Use **Activity 1, Option B** if your students do not have Internet or computer access in the classroom.

### ACTIVITY 1, Option A: Browsing Careers (40 minutes)

Students will learn about more careers by using the *Career Coach* website.



#### Option A Computer

1. Congratulate students on their progress so far. Explain to students that they have completed the process of determining their interests, and now they will begin to explore more careers that match their interests. Tell students that soon they will narrow down their career choices.



**ACTIVITY 1, Option A: Browsing Careers (cont.)**

Pass out *Handout 5.1*



2. Pass out two copies of ***Handout 5.1: Interesting Career Information*** to each student. Tell students there are extra copies available if they want to record information about more careers.
3. Explain that the main goal of this activity is to find out about more careers—by looking at their Interest Inventory quiz results, by looking at other careers related to those results, or by looking at profiles of people in different careers. At the end of the activity, they should have some basic information about four or more careers that seem interesting to them. Later on, they will do more research on these careers and make a choice about them.
4. Ask students to log in to the *Career Coach* website, click on the Interest Inventory link, and go to the View My Results page. There they should start by clicking on one or more of the careers that might interest them. After reading a little about the career details, if they might be interested in this career, ask them to enter the information about it on the handout. ALSO, be sure that students click the Add to My Interesting Careers button for each career that they are interested in. This will ensure that this career is saved on the list.
5. Encourage students to view other careers than those on the View My Results page. They can do this by clicking on the Skills tab, and finding careers with different skills; by clicking on the Field tab, and looking at careers in different fields; or by clicking on the Profiles tab, to look at stories of people in various careers. Again, if they might be interested in a career they find, ask them to enter the information about it on the handout. ALSO, be sure that students click the Add to My Interesting Careers button for each career that they are interested in.
6. Ask students to fill out ***Handout 5.1*** with information on at least four careers.

**ACTIVITY 1, Option B: Learning More About Careers (40 minutes)**

**RESEARCH** Students will learn about more careers by using career research materials.



Students take out  
*Handout 4.1*

Pass out *Handout 5.1*

**Option B Non-Computer**

1. Congratulate students on their progress so far. Explain to students that they have completed the process of determining their interests, and now they will begin to explore more careers. Soon they will narrow down their career choices.
2. Ask students to take out ***Handout 4.1: Finding Careers*** or their paper interest inventory results from their portfolios. Pass out two copies of ***Handout 5.1: Interesting Career Information*** to each student.
3. Explain that the main goal of this activity is to find out a little more about the careers on their list that might interest them, and possibly to add more careers to this list. At the end of the activity, they should have some basic information about four or more careers that seem interesting to them. Later on, they will do more research on these careers and make a choice about them.

**ACTIVITY 1, Option B: Learning More About Careers (cont.)**

4. You will need several copies of the *Occupational Outlook Handbook, 2006-2007* (or later) for students to share. (See page 7 for information about how to obtain it.) If you have Internet access in the room, some students can access the online version at <http://www.bls.gov/oco/>.
5. Pass out copies of the *Occupational Outlook Handbook* to groups of students. Show students how to find specific careers by using the occupational categories (table of contents) or by job title (index). Ask students to use the *Occupational Outlook Handbook* to look up some of the job titles they have listed on **Handout 4.1** or the results of their paper interest inventories.
6. Tell students that after reading a little about the career, if they might be interested in this career, they should enter the information about it on **Handout 5.1**. (Tell students there are extra copies of **Handout 5.1** available if they want to record information about more than four careers.) Give the class time to complete the handouts.
7. If students are unable to complete this exercise for at least four interesting careers, ask students to research the remaining careers for homework and bring the results to class. Explain that students can use the *Career Coach* website or the *Occupational Outlook Handbook* to research additional careers on their own.
8. Tell students to put **Handout 5.1** in their portfolios; they will be using it again for this week's homework, and later, to research their interesting careers.

**Wrap-Up and Assignments (5 minutes)****Pass out extra copies of Handout 5.1**

1. Review the main points of the lesson: This lesson introduced students to new careers to consider and basic information about those careers.
2. Give students extra copies of **Handout 5.1**. Ask them to attempt to find additional information on more of the interesting careers they found in this lesson or the last one. They can do this by looking at the *Occupational Outlook Handbook* online or in the library, or by visiting the *Career Coach* website to browse more career options on their own.
3. Remind students that they wrote two questions in their notebooks. Have them write answers to the questions and bring the answers to the next class.
  - *What interesting careers did I come up with?*
  - *Which of these am I most interested in learning more about right now?*

## Additional Activities

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You may choose to substitute one of these activities for an activity in the lesson or to use any of them as time permits.

### Additional ACTIVITY 2: Your Dream Career

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#### DISCUSSION

What's Your Dream Career? Have each student answer the following question:

- *If you didn't have to worry about money and you were guaranteed success in whatever you attempted, what would you do?*

### Additional ACTIVITY 3: Your Best and Worst Jobs

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#### DISCUSSION

1. Your Worst Job. What was your worst job? Have each student name the worst job they ever did and reflect on what elements made it unpleasant. Have each student answer the following question:
  - *What did I learn about myself as a result of my worst job? What did that experience teach me about the jobs I want in the future?*
2. Your Best Job. The same activity as described above can also be repeated using the best job that students have ever done.



# Handout 5.1: Interesting Career Information

## Computer Option

Write an interesting career here.

Career Title: \_\_\_\_\_

Use *Career Coach* to find the following information.

Salary: \_\_\_\_\_

Is this a hot market?  Yes  No

One reason I am interested in this career is: \_\_\_\_\_

\_\_\_\_\_

The education this career requires is: \_\_\_\_\_

\_\_\_\_\_

Three skills this career requires are:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Write another interesting career here.

Career Title: \_\_\_\_\_

Use *Career Coach* to find the following information.

Salary: \_\_\_\_\_

Is this a hot market?  Yes  No

One reason I am interested in this career is: \_\_\_\_\_

\_\_\_\_\_

The education this career requires is: \_\_\_\_\_

\_\_\_\_\_

Three skills this career requires are:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# Handout 5.1: Interesting Career Information

## Computer Option

Write another interesting career here.

Career Title: \_\_\_\_\_

Use *Career Coach* to find the following information.

Salary: \_\_\_\_\_

Is this a hot market?  Yes  No

One reason I am interested in this career is: \_\_\_\_\_

\_\_\_\_\_

The education this career requires is: \_\_\_\_\_

\_\_\_\_\_

Three skills this career requires are:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# Handout 5.1: Interesting Career Information

## Non-Computer Option

Write an interesting career here.

Career Title: \_\_\_\_\_

Fill in the blanks.

Salary: \_\_\_\_\_

One reason I am interested in this career is: \_\_\_\_\_

\_\_\_\_\_

The education this career requires is: \_\_\_\_\_

\_\_\_\_\_

Write another interesting career here.

Career Title: \_\_\_\_\_

Fill in the blanks.

Salary: \_\_\_\_\_

One reason I am interested in this career is: \_\_\_\_\_

\_\_\_\_\_

The education this career requires is: \_\_\_\_\_

\_\_\_\_\_

Write another interesting career here.

Career Title: \_\_\_\_\_

Fill in the blanks.

Salary: \_\_\_\_\_

One reason I am interested in this career is: \_\_\_\_\_

\_\_\_\_\_

The education this career requires is: \_\_\_\_\_

\_\_\_\_\_